

AGE-RELATED COMPETENCY CHECKLIST

(To be completed by ALL Clinical Personnel)

Name: _____ Date: _____

Please rate your Skill Level:

<p>0 – NO Experience. Theory only.</p> <p>1 – Limited competency / proficiency. Supervision required.</p>	<p>2 – Acceptable competency / proficiency</p> <p>3 – Competent / proficient. Performed frequently and independently during the past 2 years.</p>
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COMPLIANCE CRITERIA	0	1	2	3
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NEONATE / INFANT (Newborn to 2 Years)

Maintains safe environment: warmth, crib rails in “up” position and locked, no toys with removable parts, limits visitors, no strangers allowed in room, identifies by leg/arm band.				
Involves parents / caregivers in care; ensures return demonstration; encourages parental assistance in provision of care.				
Provides information in immunizations.				
Keeps parents / caregivers in field of vision.				
Provides familiar objects (as possible and appropriate).				
Uses distraction methods to calm (i.e., visually stimulating objects, bottle).				
Approaches and provides care in calm, tender manner.				

PEDIATRICS (2 - 11 Years)

Maintain safe environment: bed rails in “up” position and locked, age appropriate toys and / or games. Aware of need for peer relationship (i.e., with visitors); however, questions any strangers attempting to enter room. Uses age appropriate equipment (i.e., potty chair); ensures safe nutrition (puts food unto small bites to prevent choking).				
Involves child in care and educates parents / caregivers at same time. Ensures return demonstration; allows child to have control by allowing choices, as appropriate to situation.				
Discusses immunization status with parents.				
Explains all procedures and test in language that child can understand.				
Plans procedures and activities in relation to child’s impulse gratification needs and decreased attention span.				
Approaches child in calm manner; uses direct approach with child; allows for privacy needs (ages 9-11); encourages personal hygiene and grooming as appropriate to condition.				
Uses praise as a reward for positive attitudes and behavior. Uses touch as a form of comfort, as appropriate to child’s needs and reactions.				

ADOLESCENT (12 – 19 YEARS)

Maintains safe environment: bed rails in “up” position and locked; assesses for depression / suicidal ideation and keeps dangerous items out of patient’s ability to obtain. Assesses for “gang” relationships and considers appropriateness of visitors; assesses patient’s ability to manage “self-held” and/or “self-operated equipment.”				
Involves patient in care, treatments and procedures. Allows time for and encourages questions, explaining issues to patient in language patient can understand. Allows patient to have choice and control over situations and environment, as appropriate to condition and situation.				
Explains all treatments, tests and procedures thoroughly to patient before they are performed.				
Allows for privacy needs. Encourages and allows for personal hygiene activities.				
Maintains patient confidentiality with parental / caregiver involvement and education, as appropriate to age and consent of patient.				
Encourages verbalization of fears. Discusses options and possible choices patient can make to increase control and foster patient confidence.				

COMPLIANCE CRITERIA	0	1	2	3
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ADULT

Maintains safe environment related to equipment, bed rails, mental status.				
Involves patient in care, treatments and procedures. Allows patient to maintain control; involves patient in decision-making and planning of care, as appropriate to condition and situation.				
Explains rationale for all treatments, tests and procedures, explaining to patient prior to performance.				
Encourages participation in care, provides education, as appropriate to disease entity and processes.				
Encourages family visitation and support.				
Encourages verbalization of fears and anxiety; maintains therapeutic communication with patient.				
Maintains safe environment related to equipment, bed rails, mental status.				

GERIATRIC

Maintains safe environment related to equipment, bed rails, fall precautions, mobility needs, aspiration potential and mental status.				
Involves patient in care, treatment and procedures. Allows patient to maintain control; involves patient decision-making and planning of care, as appropriate to condition and situation.				
Explains all treatments, tests and procedures. Explaining to patient prior to performance.				
Allows for possible hearing and / or vision loss, speaking in lower, louder tones as necessary; provides additional or brighter lighting, larger print, etc.				
Provides all patient instructions slowly, speaking distinctly and assesses for patient understanding. Assesses and monitors potential for skin breakdown, decreased bowel function and / or medication absorption.				
Considers mobility needs, provides appropriate transportation, maintains ROM. Prevents contracture formation.				
Encourages family support, involving family in care, education and decision, as appropriate.				

Comments: _____

I hereby certify that all information I have provided to RNS Incorporated on this skills checklist is true and accurate. I understand and acknowledge that any misrepresentation or omission may result in disqualification from employment and/or immediate termination.

Nurse Signature: _____ Date: _____

RNS Inc. Reviewer Signature: _____ Date: _____